

# 40 Ways to Reduce Waste and Make **Positive** Purchase Decisions in the **Home**

1. Before recycling a recently upgraded phone or computer, check if there's a family member who could use it
2. Recycle e-waste, contact your council for options

3. Use book & toy libraries
4. Swap, sell or donate unwanted toys
5. Reuse clean waste items in craft projects
6. Recycle household batteries
7. Buy quality, second hand toys and games

8. Buy second hand, quality clothes
9. Mend or alter old clothes to extend their life
10. Donate, swap or sell quality, unwanted items
11. Consider buying e-books instead of paper books

12. Buy in bulk and store in your own containers
13. Use beeswax wraps and reusable storage containers
14. Make a meal plan and buy only what you need
15. Use left overs in new meals and compost food scraps
16. Have separate bins inside for garbage, recycling and compost to make sorting easy
17. Search for second hand furniture and homeware before buying new
18. BYO lunch to school or work
19. Eat in rather than get takeaway
20. Drink tap water rather than bottled
21. Buy long lasting LED globes
22. Choose re-usable plates & cutlery over disposable
23. Avoid straws or choose steel or bamboo alternatives

24. Buy paper-wrapped toilet paper made from recycled paper
25. Use bar soap from a multi-pack box or refill pump soap from bulk stores
26. Choose electric tooth brush & shavers instead of disposable

27. Cut up old towels & clothes as cleaning cloths
28. Buy in bulk to reduce packaging
29. Swap cleaning products with DIY alternatives

30. Keep reusable shopping bags handy for when you go out
31. Take a travel mug for use with take-away drinks
32. Bring a refillable water bottle and choose tap water
33. Borrow or hire tools if only needed for a short time
34. Contact your council to find out about safe disposal options for chemicals before buying

35. Start a compost bin or worm farm
36. Reuse building materials in home decoration and DIY projects
37. Grow your own produce and give any excess to friends & family
38. Use toilet rolls to grow seedlings rather than plastic pots
39. Use newspaper or cardboard as weed matting under mulch
40. Add a No Junk Mail sign to your letterbox

